

Fear Prayer



God, thank you for helping me be honest enough to see this truth about myself and now that you have shown me the truth about my fears, please remove these fears from me. Please help me outgrow my fears and direct my attention to what you would have me be. Lord, demonstrate through me and help me become that which you would have me be. Help me do thy will always.

Amen (paraphrased) Alcoholics Anonymous p. 68